

Why study this course?

Open up the world of sport...

If you love sport, aspire to progress to a career in sports development, coaching, personal training, the leisure industry, or PE teaching, then this is the course for you!

The course has been designed and developed in consultation with employers and professional bodies for those interested in working in the above sectors. Every unit that is completed on the course is applied into a real world setting to enable students to gain hands on experience of putting what they learn in the classroom into practice.

What will I learn on this course?

Students take part in a Work Based Learning Placement in a field of their choice to gain real hands on experience working in the public sector. It is a great opportunity to enhance their CV but also highlight what career path they may wish to adopt in the future.

Extra opportunities

- Extensive Leadership & Volunteering Opportunities
- Training and employment opportunities
- First Aid Qualification
- Work Experience placement
- Coaching/Umpiring
- Links to Level 2 accredited courses



How is the course structured?

There are 15 units covered, 10 of which are mandatory, 3 are assessed externally in the form of controlled assessments, and 1 is an external examination.

The course is a full-time programme over the 2 years for Post 16 learners. Some units that are covered include:

- Anatomy and Physiology
- Fitness Training and Programming
- Organising a Sports Event
- Sport as a business
- Coaching for Performance
- Sports Psychology
- Skill Acquisition
- Work Experience

Throughout the length of the course, students will complete 30 hours of learning per fortnight, resulting in the equivalent of 3 A Levels.

Career paths

- Leisure & Play
- Sports Development
- PE Teaching
- Primary School Teaching
- Coaching / Umpiring
- Sports Massage
- Leisure Centre Management.

“Physical Education—the only subject that makes your heart race!”



Sandbach College

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